

GOALS THAT WORK!

Work to accomplish:

Steps to take (break it down!):

Potential obstacles/barriers:

Goal:

Strategies to navigate obstacles/barriers:

Use the space below to plan out your work towards the project/paper/goal.

🗨️ **Remember** to break your work into smaller, more manageable chunks. 🗨️ **Remember** to consider how long you can effectively write/work and focus for. 🗨️ **Remember** to be in conversation with people as a part of your process (Instructor, peers, writing studio consultants, etc.). 🗨️ **Remember** to consider what might get in your way, and to plan to get through it. 🗨️ **Remember** to be realistic, and to take time to reflect/adjust.

Goal(s) for the week:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

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Final goal deadline:

